



**from HARM to harmony**

**Women and Alcohol in Aotearoa/New Zealand**

*Te waipiro me nga wāhine i Aotearoa*

- **The evidence gathered to inform this Briefing Paper resulted in 11 recommendations**

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**1: Gender matters**

- Strategies, policies and programmes intended to address alcohol-related harm use gender-based analysis.

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**2: Alcohol matters**

- A whole-of-government approach to addressing alcohol-related harm is adopted and that alcohol is given a greater priority in national policy and planning.

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**3: Effective policy interventions**

- Evidenced-based alcohol policy interventions are implemented in accordance with the Global Strategy to Reduce Alcohol-Related Harm and as recommended by the New Zealand Law Commission.

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**4: Data collection**

- A more strategic and co-ordinated approach to alcohol research is achieved, ensuring that research questions allow for the disaggregation by gender, age and ethnicity; enhance our knowledge about the role of alcohol within diverse populations of women; and inform the development and measure the impact of interventions.



**5: Alcohol and violence against women**

- Strategies and interventions to reduce alcohol-related harm are co-ordinated with activities to address violence against women, including sexual and family violence.



**6: Social determinants**

- A whole-of-government approach is adopted to address social and ethnic inequalities, including poverty and institutional racism.



**7: Reducing alcohol-related harm for Māori women**

- Wāhine Māori rangatiratanga over alcohol harm is developed through sector-wide engagement and health literacy.



**8: Kaupapa Māori services**

- Service for Māori to be delivered within a Kaupapa Māori values framework that reflect the aspirations of Whanau Ora.



**9: Screening and brief intervention**

- Routine and standardised screening for harmful alcohol use is integrated within and across sectors, and routinely linked to best practice brief interventions or referrals to treatment services.



**10: Enhancing treatment services**

AOD treatment services be assessed for their responsiveness to women, and a plan to address the gaps and issues identified be developed and implemented.



**11: Community action**

- Communities are better resourced and supported to lead interventions to reduce alcohol-related harm.



**Briefing Paper and Recommendations**

- This is in draft form for good reason
- The paper will be finalised following feedback from this Symposium
- You will be advised when the final report will be available to download from:

- [www.ahw.org.nz](http://www.ahw.org.nz)
- <http://www.womens-health.org.nz/>
- <http://www.hapai.co.nz/>